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## **A Touch of Speed®**

A Touch of Speed® (ATOS) is a youth non-profit organization located in North Charleston, SC. The organization was founded in 2019. We focus on youth that are interested in the sport Track and Field and those that are wanting to live a healthier lifestyle. Our mission is to provide a fun, safe, and supportive environment to the youth in our communities. As well as empowering them to be the best they can be in every aspect of life.

Our vision is to see our youth athletes and non-athletes become the best version of themselves and live a healthier lifestyle.

## **Our Office**

Our office is located at 701 East Bay Street, Suite 121, Charleston, SC

## **Programs**

**Track and Field Team:** Our youth track and field team services kids aged 6 to 18. This is a traveling team that participate in USATF and AAU sanctions.

**Kid's Couch to 5K Program:** Our Kid' Couch to 5K program was created to help fight against childhood obesity. The programs focus on proper running form and proper nutrition.

**Youth Athlete and Mental Health:** This program will be launched in 2023

## **Fundraiser Events**

**ATOS Sizzlin' Summer 5K:** Event is held in July. This past July was the first year for the event.

**A Touch of Speed 5K and Kid's 1 Mile Fun Run:** This is a partnered event with Chick-fil-A Dorchester Road. This is the 2<sup>nd</sup> year for this event. It will be held in November. We also work with elementary schools to get their students involved in the Kid's 1 Mile Fun Run.

## **About the Founder/Executive Director**

Eboni Thompkins-Webber is an Alabama native, who moved to Charleston, SC in 2007. She currently works for the Naval Information Warfare Center. However, her passion for track and field and giving back to the community is what birthed A Touch of Speed®. Her overall goal is to help change the lives of the youth in the communities that she serves.